# Erskine Green Training Institute PREREQUISITES: INDEPENDENT LIVING SKILLS

Students interested in attending EGTI are expected to be independent with the prerequisites noted in the left hand column. Strategies and supports should be in place to address any of the skills that remain a challenge. Skills listed in the middle and right hand columns are not prerequisites; however, dedicated practice for these skills should occur prior to EGTI.



# Activities of Daily Living

- Student is able to complete daily hygiene routine: shower, brush teeth, comb hair, apply deodorant, shave, etc.
- Student is able to pick out clothing and dress.

# Medications & Health Needs

- Student is able to manage medications.
- Student is able to take proper action when medications are running low.
- Student is aware of personal allergies/diet requirements and stays away from certain foods, if applicable.

# Money Management

 Student is able to make personal/leisure purchases with cash or card.

# Behavior

- Student is able to use appropriate coping strategies that prevent behaviors that put themselves and others in danger.
- Student exhibits appropriate behavior while in public spaces.

#### Communication

- Student knows the appropriate person to contact when help is needed.
- Student is able to communicate via cell phone (call or text).

#### Time Management

- Student is able to set an alarm clock to wake up.
- Student is able to arrive places on time.

# Personal Safety

- Student interacts with strangers appropriately
- Student does not allow strangers into personal living spaces.

#### Pedestrian

- Student understands directions that use the terms left and right.
- Student understands pedestrian cues/signals.
- Student is able to cross the street safely.
- Student is able to use maps on their cell phone to navigate to specific locations.

# Activities of Daily Living

• Student is able to do their laundry.

## Public Restrooms

- Student is able to identify a variety of male and female bathroom signs.
- Student locks bathroom stall doors.
- Student follows appropriate toileting etiquette (i.e. washes hands, lifts/lowers seat, etc.).

## **Dining Etiquette**

- Student is able to communicate information to a host (i.e. number of guests in party).
- Student is able to identify the back of a line in a variety of settings and wait.
- Student is able to use a menu to communicate order to the server/cashier.
- Student is able to advocate if the meal is incorrect.
- Student is able to sit until the server has provided the receipt.
- Student is able to leave an appropriate tip, when appropriate.

## Money Management

- Student is able to budget money.
- Student is able to utilize an ATM to withdraw cash.