Erskine Green Training Institute

Prerequisites: Independent Living



Students interested in attending the Erskine Green Training Institute are expected to be independent in many of the skills listed below. Students should receive specific instruction and training on these skills before applying. Strategies and supports should be in place to address any of the skills that remain a challenge.

Communication

- -Student is able to communicate via email.
- -Student is able to communicate via cell phone (text or call).

Activities of Daily Living

- -Student is able to shower.
- -Student is able to complete daily hygeine routine: brush teeth, comb hair, apply deodorant, etc.
- -Student is able to pick out clothing and dress.

Medications

-Student is able to manage medications.

Time Management

- -Student is able to set an alarm clock of any kind.
- -Student is able to arrive places on time.

Money Management

- -Student is able to make purchases with cash or card.
- -Student is able to utilize an ATM to withdraw cash.

Personal Safety

- -Student knows how to respond to panhandlers.
- -Student interacts with strangers appropriately.
- -Student does not allow strangers into personal living space.

Pedestrian

- -Student understands pedestrian cues/signals.
- -Student is able to cross the street safely.

Public Restrooms

- -Student is able to identify a variety of bathroom signs.
- -Student locks bathroom stall door.
- -Student follows appropriate toileting etiquette (i.e. washes hands, lifts/lowers seat, etc.).

Dining Etiquette

- -Student is able to communicate information to a host (i.e. number of guests).
- -Student is able to identify the back of a line and wait.
- -Student is able to order from a menu.
- -Student is able to communicate his/her order to server/cashier.
- -Student is able to advocate if the meal is incorrect.
- -Student is able to sit until server has provided the receipt.

For questions or permission to copy or distribute, please contact Megan Stevenson, Erskine Green Training Institute Director, at mstevenson@arcind.org. Last Revised: 5/2016